

# Covid-19 related pupil absence

A quick reference guide for parents, carers and staff

Updated: 17th September 2020

## **DEFINITIONS OF COVID-19 SYMPTOMS**

Please read these definitions through carefully. If you are unsure, please call the school office to discuss BEFORE sending your child into school 020 8570 9347 or email [office@beavers.hounslow.sch.uk](mailto:office@beavers.hounslow.sch.uk)

## **A NEW CONTINUOUS COUGH**

The coronavirus cough is a dry cough. This means it does not produce any phlegm or mucus (so you do not cough anything up like you would with a chesty cough).

If you have a chest condition you may already cough. If you have symptoms of coronavirus, you may have a cough that is different from your normal cough, or your normal cough may feel worse than usual.

### **WHAT TO DO:**

- rest
- drink lots of fluids



## **A HIGH TEMPERATURE OR FEVER**

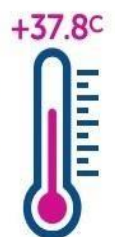
**A high temperature or fever is a normal way for your body to fight infection.**

This is because the increase in body temperature makes it harder for viruses and bacteria to survive.



**You do not need to take your temperature to know you have a fever.**

If you do have a thermometer however, a fever is when your temperature is 37.8C or higher.



**A THIRD COMMON SYMPTOM OF CORONAVIRUS IS A LOSS OF, OR CHANGE IN, SENSE OF SMELL OR TASTE (ANOSMIA).**



What to do if...	Action Needed	Return to school when...
...my child may have Covid-19 symptoms	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• <b>Get your child tested</b></li> <li>• <b>Communicate the test result with the school</b></li> <li>• Self-isolate the whole household.</li> </ul>	...the test comes back negative <b>or</b> ...10 days have passed since symptoms began, even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i> <b>AND</b> the child feels well.
...my child tests negative.	<ul style="list-style-type: none"> <li>• <b>Contact school to inform us.</b></li> <li>• <b>Send/show school the official test result.</b></li> <li>• Discuss when your child can come back (same day/next day).</li> </ul>	...the test comes back negative.
...my child tests positive for Covid19.	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• <b>Contact school to inform us.</b></li> <li>• <b>Send/show school the official test result.</b></li> <li>• <b>Agree an earliest date for possible return (minimum of 10 days).</b></li> <li>• Self-isolate the whole household.</li> </ul>	...10 days have passed since symptoms began, even if they still have a cough or loss of taste/smell. <i>(These symptoms can last for several weeks.)</i> <b>AND</b> the child feels well.
...my child is ill (not symptoms linked to Covid-19).	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• <b>Contact school to inform us.</b></li> <li>• Contact on each day of illness.</li> </ul>	If a child is sick or had diarrhoea due to a virus or bug, they should stay off for <b>48 hours from the last episode of sickness or diarrhoea.</b>
...someone in my household has Covid-19 symptoms.	<ul style="list-style-type: none"> <li>• <b>Do not send anyone from your household to school.</b></li> <li>• <b>Contact school to inform us.</b></li> <li>• Self-isolate the whole household.</li> <li>• Household member with symptoms to get a test.</li> </ul>	...the test comes back negative <b>or</b> ... after 14 days
...someone in my household tests positive for Covid19.	<ul style="list-style-type: none"> <li>• <b>Do not send anyone from your household to school.</b></li> <li>• <b>Contact school to inform us.</b></li> <li>• Self-isolate the whole household.</li> <li>• Agree an earliest date for possible return.</li> </ul>	...all members of the household should self-isolate for 14 days
...NHS test and trace has identified my child as a close contact of somebody with confirmed Covid-19.	<ul style="list-style-type: none"> <li>• <b>Do not send the child who has had direct contact to school.</b></li> <li>• <b>Contact school to inform us.</b></li> <li>• Agree an earliest date for possible return (minimum of 14 days).</li> <li>• Any other children in your household, who have not had direct contact, can come to school.</li> </ul>	...the child who has had direct contact has completed 14 days of isolation
...NHS test and trace has identified a household member (other than my child) as a close contact of somebody with symptoms or confirmed Covid-19.	<ul style="list-style-type: none"> <li>• <b>The household member must self-isolate for 14 days.</b></li> <li>• <b>The household member must not come to the school for any reason.</b></li> <li>• Child can continue to attend school.</li> </ul>	...child can continue to attend school

<p>... a sibling attending another school has been sent home to self-isolate due to there being a positive case in their school.</p>	<ul style="list-style-type: none"> <li>• <b>Sibling at other school must self-isolate for 14 days.</b></li> <li>• <b>The sibling must not come to the school for any reason.</b></li> <li>• Child at <b>Beavers</b> can continue to attend.</li> </ul>	<p>...child at <b>Beavers</b> can continue to attend school</p>
<p><b>We/my child has travelled and has to self-isolate as a period of quarantine</b></p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school</b></li> <li>• <b>Contact school to inform us</b></li> <li>• Do not take unauthorised leave in term time</li> <li>• Consider quarantine requirements when booking travel</li> <li>• Contact the school to inform us and agree an earliest date for return (minimum of 14 days from return date)</li> <li>• Isolate the whole household</li> </ul>	<p>...the quarantine period of 14 days has been completed.</p>
<p>...I have travelled from a country that requires us to quarantine (but my child didn't travel).</p>	<ul style="list-style-type: none"> <li>• <b>The person who has travelled MUST NOT leave the house, including to do pick-ups and drop offs.</b></li> <li>• Your child can continue to attend school as long as they do not have / have not had symptoms in the last 14 days.</li> </ul>	<p>...child can continue to attend school</p>
<p>...we have received medical advice that my child must shield.</p>	<ul style="list-style-type: none"> <li>• <b>Do not come to school.</b></li> <li>• <b>Contact school to inform us.</b></li> <li>• Shield until you are informed that restrictions are lifted and shielding is paused again.</li> </ul>	<p>...school inform you that restrictions have been lifted and your child can return to school again. ...you receive medical advice that your child may return to school.</p>
<p>...my child's year group bubble is closed due to a Covid-19 outbreak in school.</p>	<ul style="list-style-type: none"> <li>• <b>Child must not come to school.</b></li> <li>• <b>Other siblings, in other year groups, may continue to attend school.</b></li> <li>• <b>The child must not come to the school for any reason, including drop off/pick up.</b></li> <li>• Support the child at home with remote education provided.</li> <li>• The child at home will need to self-isolate for 14 days.</li> </ul>	<p>...school inform you that the year group bubble will be reopened.</p>