

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEAL

Homemade macaroni cheese
served with Homemade
tomato bread &
roasted Mediterranean
vegetables

Homemade chicken
chilli wraps
served with
savoury vegetable
Rice

Minty crispy topped
Shepherd's Pie
served with
Seasonal vegetable

Roast Chicken
served with Potatoes,
Yorkshire pudding,
carrots, cauliflower
And gravy

Fish fingers or
salmon fish fingers
served with
chips, garden peas or
baked beans
& ketchup

MEAT FREE

Cauliflower & chickpea
korma
served with rice, naan
bread fingers & seasonal
vegetables

Homemade bean
chilli taco
served with
savoury vegetable
Rice

Minty crispy topped
Shepherdess's Pie
served with
Seasonal vegetable

Cheese & potato Pie
served with Yorkshire
pudding, carrots,
cauliflower
And gravy

Vegetable nuggets
served with chips,
garden peas or
baked beans
& ketchup

PASTA & JACKETS

Jacket potato with
choice of toppings
served with
Fresh salad

Pasta twists with
Homemade tomato and
vegetable sauce served
with fresh salad

Jacket potato with
choice of toppings
served with
Fresh salad

Pasta twists with
cheddar cheese sauce
with fresh salad

Cheese wrap served with
salad and chips

DESSERTS

Natural yogurt with
healthy toppings
Or
Fresh fruit pot

Cookies,
Fruit jelly
Or
Fresh fruit pot

Natural yogurt with
healthy toppings,
Fresh fruit pot
Or
Fruit jelly

Natural yogurt with
healthy toppings
Or
Fresh fruit pot

Vanilla ice cream with
fruit sauce
Fruity jelly
Fresh fruit pot

Making lunchtime the **highlight** of your day

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MAIN MEAL

Margherita wholemeal pizza served with baked potato wedges, peas & sweetcorn

Greek Style chicken shawarma in a pitta bread served with warm cous cous

Sticky Asian chicken served with egg fried vegetable Rice

Roast turkey served with roast Potatoes, carrots, broccoli, Yorkshire pudding and gravy

Breaded fish fingers served with chips, garden peas or baked beans & ketchup

MEAT FREE

Traffic Light wholemeal pizza served with baked potato wedges, peas & sweetcorn

Greek style vegetable Shawarma in a pitta bread served with warm cous cous

Sticky Asian vegetarian meatballs served with egg fried vegetable Rice

Baked lentil Roast served with roast potatoes, carrots, broccoli, Yorkshire pudding and gravy

Cheese, onion & mixed Pepper roll served with chips, garden peas or baked beans & ketchup

PASTA & JACKETS

Jacket potato with choice of toppings served with Fresh salad

Pasta twists with Homemade tomato and vegetable sauce served with fresh salad

Jacket potato with choice of toppings served with Fresh salad

Pasta twists with cheddar cheese sauce with fresh salad

Cheese wrap served with salad and chips

DESSERTS

Shortbread
Or
Fresh fruit pot

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Vanilla sponge with custard
Or
Fruit jelly

Natural yogurt with healthy toppings
Or
Fresh fruit pot

Chocolate Brownie
Fruity jelly
Or
Fresh fruit pot

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FRIDAY

MAIN MEAL

Cheese & tomato Swirl
served with
savoury vegetable
Rice

Jerk marinated
chicken thigh
served with rice
& beans

Lamb Bolognese
Served with Spaghetti,
Whole Meal Garlic &
Herb bread, Seasonal
Vegetable

Chicken Sausage roast
served with
mashed Potatoes,
carrots, cabbage,
Yorkshire pudding and
gravy

Breaded Fish fillet
served with chips,
garden peas or
Baked beans
& ketchup

MEAT FREE

Chinese stir fry
vegetables
served with
Noodles

Jerk sweet potato &
black bean
served with
Rice & Bean Stew

Plant Based Bolognese
Served with Spaghetti,
Whole Meal Garlic &
Herb bread, Seasonal
Vegetable

Quorn Sausage roast
served with
mashed potatoes, carrots,
cabbage, Yorkshire
pudding and
Gravy

Fishless fish fingers
served with chips,
garden peas or
baked beans
& ketchup

PASTA & JACKETS

Jacket potato with
choice of toppings
served with
Fresh salad

Pasta twists with
Homemade tomato and
vegetable sauce served
with fresh salad

Jacket potato with
choice of toppings
served with
Fresh salad

Pasta twists with
cheddar cheese sauce
with fresh salad

Cheese wrap served with
salad and chips

DESSERTS

Natural yogurt with
healthy toppings
Or
Fresh fruit pot

Natural yogurt with
healthy toppings
Or
Fresh fruit pot

Chocolate sponge and
custard
Or
Fruit jelly

Natural yogurt with
healthy toppings
Or
Fresh fruit pot

Shortbread
Or
Fresh fruit pot

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