

WEEK 1 MENU

WEEKS: 21/04, 12/05, 09/06, 30/06, 21/07, 01/09, 22/09, 13/10



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	MAIN MEAL	Margherita Wholemeal Pizza served with baked potato wedges, peas & sweetcorn	Chicken Curry served with turmeric rice, naan bread fingers & mixed vegetables	Spaghetti Lamb Bolognese served with garlic & herb bread, mixed vegetables or salad	Roast Chicken served with roast potatoes, carrots, cabbage and gravy	Fish or Salmon Fishfingers served with chips, garden peas or baked beans with ketchup
	MEAT FREE	Rainbow Pizza served with baked potato wedges, peas & sweetcorn	Lentil Dahl served with turmeric rice, naan bread fingers & mixed vegetables	Spaghetti Vegetable Bolognese served with garlic & herb bread, mixed vegetables or salad	Creamy Leek Wellington served with roast potatoes, carrots, cabbage and gravy	Vegan Quorn Sausages served with chips, garden peas or baked beans with ketchup
	ASTA & JACKETS	Jacket Potato with a choice of toppings served with a fresh salad	Pasta Twists with homemade tomato and vegetable sauce served with fresh salad	Jacket Potato with a choice of toppings served with a fresh salad	Pasta Twists with cheddar cheese sauce served with fresh salad	Cheddar Cheese Wraps served with a fresh salad
D	ESSERTS	Fruit Jelly or Fresh Fruit Pot	Fruit Yogurt & Coulis or Fresh Fruit Pot	Peach & Vanilla Sponge, Fruity Jelly or Fresh Fruit Pot	Fruit Yogurt & Coulis or Fresh Fruit Pot	Chocolate Brownie, Fruity Jelly or Fresh Fruit Pot



WEEK 2 MENU

WEEKS: 28/04, 19/05, 16/06, 07/07, 08/09, 29/09, 20/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish –style Vegetable Pasta Bake served with wholemeal garlic & herb bread & seasonal vegetables	Pad Thai-style Chicken served with noodles & stir- fried seasonal vegetables	Lamb Mince Chilli Wrap served with savoury vegetable rice & salad	Chicken Sausages served with roast potatoes, carrots, broccoli and gravy	Breaded Fish Fillet served with chips, garden peas or baked beans & ketchup
MEAT FREE	Cheese & Tomato Pinwheel served with garlic & herb bread & seasonal vegetables	Green Thai Vegetable Curry served with noodles & stir- fried greens	Veggie Mince Chilli Wrap served with savoury vegetable rice & salad	Quorn Sausages served with roast potatoes, carrots, broccoli and gravy	Veggie Nuggets served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket Potato with a choice of toppings served with a fresh salad	Pasta Twists with homemade tomato and vegetable sauce served with fresh salad	Jacket Potato with a choice of toppings served with a fresh salad	Pasta Twists with cheddar cheese sauce served with fresh salad	Cheddar Cheese Wraps served with a fresh salad
DESSERTS	Fruit Jelly or Fresh Fruit Pot	Fruit Yogurt & Coulis or Fresh Fruit Pot	Banana Cake & Custard, Fruity Jelly, Fresh Fruit Pot	Fruit Yogurt & Coulis or Fresh Fruit Pot	Lemon Drizzle Cake, Fruity Jelly, Fresh Fruit Pot

Making lunchtime the highlight of your day



WEEK 3 MENU

WEEKS: 05/05, 02/06, 23/06, 14/07, 15/09, 06/10



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegan Sausage Roll served with potato wedges & vegetable sticks	Jerk Chicken Thighs served with rice & beans & seasonal vegetables	Creamy Chicken Pie served with mixed vegetables	Roast Turkey served with potatoes, carrots & broccoli & gravy	Fish Fingers served with chips, garden peas or baked beans & ketchup
MEAT FREE	Veggie Sausage Baguette served with potato wedges & vegetable sticks	BBQ Lentil, Chickpea & Vegetable Stew served with rice & beans & seasonal vegetables	Vegetable Pie served with mixed vegetables	Roast Vegetable & Bean Pie served with potatoes, carrots & broccoli	Cheese, Onion & Pepper Roll served with chips, garden peas or baked beans & ketchup
PASTA & JACKETS	Jacket Potato with a choice of toppings served with a fresh salad	Pasta Twists with homemade tomato and vegetable sauce served with fresh salad	Jacket Potato with a choice of toppings served with a fresh salad	Pasta Twists with cheddar cheese sauce served with fresh salad	Cheddar Cheese Wraps served with a fresh salad
DESSERTS	Fruit Jelly or Fresh Fruit Pot	Fruit Yogurt & Coulis or Fresh Fruit Pot	Fruit Flapjack, Fruit Yogurt Fresh Fruit Pot	Fruit Yogurt & Coulis or Fresh Fruit Pot	Jaffa-style Sponge, Fruity Jelly, Fresh Fruit Pot

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