

A slightly belated welcome back and a Happy New Year to you all.

School has been very busy as usual since we returned with a visiting Planetarium for Y1 and Y5, an alien spaceship crash landing near Y1, and an anti-bullying workshop for KS2. The children and staff absolutely loved the workshop, which focused on the key message of being a defender; helping a victim rather than trying to intervene. The children really took away this message, saying, "I know that if someone is being bullied, you should tell an adult and also help them"; "I enjoyed it because it was funny and we learned how to help people when they are bullied and what to do if we are being bullied"; "It was very funny and actually we learnt a lot. It was quite informal but it gave us a lot of information. It was quite good when it got serious too. I think I will remember it for a long time."



Next week, our annual Arts Week is taking place and, once again, staff have been getting very creative to prepare a fantastic experience for the children. Please pay your contribution of £2 via ParentPay before Monday. Also keep an eye on our Facebook page ([www.facebook.com/BeaversCPS](https://www.facebook.com/BeaversCPS)) which will be updated regularly throughout the week.



It's Arts Week next week, the theme this year is CREATION MYTHS. This is always a fun week where children learn new art skills, and develop confidence through dance and music. To kickstart the week, on Monday children are welcome to come to school dressed in anything COSMIC (stars, moon, space, etc). Check your child's Google Classroom for further details.

## Spring 1 value - Determination

Never giving up, no matter what!

Deciding to do something, and then doing it.

**Article 14:** Every child has the right to think and believe what they choose and also to practise their religion.



Issue 9

19th January 2024



<b>January—Determination</b>	
W/C 22nd Arts Week	
24th	YR, Y1 & Y2 Dentist
29th	Nursery Library visit
30th	Art Exhibition 3—4pm
31st	Art Exhibition 3—4pm
<b>February—Determination</b>	
2nd	10:00 Y5 Lunar New Year Parents Assembly
W/C 5th Children's Mental Health Week	
7th	KS2 Music Performance with Royal College of Music & UWL
8th	Y2 Mosque Visit
9th	Express Yourself Mufti Day—Food bank Donations
12th	Half Term
<b>February—Equality</b>	
22nd	Y5 Mosque Visit
26th	Y5 Ruby Library visit
29th	Y5 Red Library visit
<b>March—Equality</b>	
4th	Y5 Crimson Library visit
7th	World Book Day
10th	Start of Ramadan
15th	Talent Show
19th	Parents Evening
21st	Parents Evening
22nd	Y1 Easter Assembly
25th	Foodbank Mufti Day
26th	EYFS Easter Fayre
28th	Break up for Easter—Close at 1:30
28th	No Nursery
<b>April—Co-Operation</b>	
15th	Start of the Summer Term
19th	Y4 Eid Assembly
<b>May—Co-Operation</b>	
2nd	Y2 Hounslow Urban Farm

## Attendance

Good attendance is very important for learning!

Attendance cup winners were:

**Gold 100%**

**YR Orange**

**Silver 99—98%**

**98% Y5 Red, Y4 Lavender**

**Bronze 97—96%**

**97% Y6 Ebony, Y3 Lime**

Classes with 100% attendance earn a mufti day.



Community News —  
Barbara Moses  
Community Liaison Officer



Golden Ticket:

**Awarded for: Good Values,  
Good Behaviour  
12<sup>th</sup> & 19<sup>th</sup> January 2024**

Amber—Nicholas, Zion  
Orange—Agamveer, Noah  
Apricot—Kaynan, Lara  
Yellow—Arya  
Lemon—Maddison, Thiya  
Primrose—Airin  
Blue—Dalyn, Jacob  
Sky—Joodi, Jan  
Indigo—Volswan, Riviana

Lime—Iftiya, Skylar  
Green—Rital, Archie  
Jade—Sancia, Duwa  
Lilac—Mohamed Sam  
Lavender—Adam, Vlayn  
Purple—Leah, Manpreet  
Crimson—Azaan, Prisha  
Red—Melissa, David  
Ruby—Arham, Sabarish



The course is being offered **free** of charge to parents/carers. Refreshments will be available during the session.

All parents are welcome to apply and places will be filled on a first come first served basis.

Each weekly session lasts two hours, and will take place in the **Community Space, Beavers School** on:

**Thursdays from 8.45am – 10.45am**

**1<sup>st</sup> February 2024: Taster (45 mins)** – shorter session for you to meet the coach and find out more about the sessions.

**8<sup>th</sup> February: Chat** (2 hours) – Help your family talk and listen to each other

**22<sup>nd</sup> February: Love** (2 hours) – Build self-esteem and independence through secure attachments

**29<sup>th</sup> February: Behave** (2 hours) – Bring calm and order to your home

**7<sup>th</sup> March: Care** (2 hours) – Looking after ourselves and our families

**14<sup>th</sup> March: Discover** (2 hours) – Support your children to learn and explore

**21<sup>st</sup> March: Together** (2 hours) – Look to the future and recapping key techniques

To **confirm** your place, please sign up using the link below:

<https://parentgym.arlo.co/courses/10-parent-gym?e=661e2e7c25464ee49c5cee70ba360d2f>

The sign-up link can also be found on our Facebook page.

Video Link about Parent Gym [https://youtu.be/\\_UaOU2EWByg](https://youtu.be/_UaOU2EWByg)





Congratulations to Mrs Clarke, Mrs Newman & Miss Hughes who all graduated this week. This just goes to show learning is for life!



Bigfoot Arts Education put on some fabulous anti-bullying workshops for the junior children.

Here are some of the children's comments:

- If someone is getting bullied, we should help them.
- You have the power to change
- Think about how it feels for the target
- I loved it because it told us all about being bullied and it was funny too.





Parents have enjoyed coming to the Nursery and sharing books with their children. We hope to see more parents every week!



Sunshine class have been learning about space. During their art lesson they made a gigantic space shuttle. The children thoroughly enjoyed exploring and launching the space shuttle.





The Nursery children have been practicing their knife skills and learning about vegetables, they enjoyed cutting vegetables to add to their pasta. They loved eating it!





### Immunisation Team Flu Vaccination Catch up Clinic

For Children in Hounslow Schools in years Reception to Year 11 **who have missed** their Flu nasal spray immunisation at school. If your child had the vaccine at school, they DO NOT need to have it again.

**Inactive Flu Vaccination also available (Gelatine free injection).**

#### **By appointment only**

##### Clinic Dates:

**Tuesday 23<sup>rd</sup> January 2024, 2.30pm-4.20pm**

##### Venue:

Heston Health Centre  
25 Cranford Lane  
Heston  
TW5 9ER

**Walk-in Clinic Saturday 27<sup>th</sup> January 2024, 9.00am- 12.30pm at:**

Heart Of Hounslow, 2<sup>nd</sup> Floor Outpatients  
92 Bath Road, Hounslow TW3 3EL

***Please note, this will be our last flu clinic***

To book an appointment please call Hounslow School Aged Immunisation  
Team on: 0203 691 1013

**All young people must be accompanied by a parent/ guardian**



## WE'RE WINTER READY

Free **flu** and **Covid-19** vaccinations are available for eligible residents in Hounslow.

By getting your vaccinations you will be protecting yourself, your family and the wider community.

Find out more at:  
[hounslow.gov.uk/get-winter-ready](https://hounslow.gov.uk/get-winter-ready)

While the NHS online booking system for Covid-19 vaccinations is now closed, our Health Outreach Team (HOT) is back out [delivering flu and Covid-19 vaccinations in the heart of the community throughout January and February](#).

There are also several walk-in sites across Hounslow still offering the Covid-19 vaccination for those who are eligible until 31 January 2024.

There is no need to book an appointment to use the walk-in service, but the NHS recommends contacting the vaccination site in advance to check opening times and avoid any risk of being turned away.

To check if you're eligible and view the full list of North-West London vaccination sites, visit the [North West London ICS website](#).



## Deal with dinner time distraction



Jodie Plows,  
BeeZee Bodies Nutritionist

### Six quick tips

to help you set boundaries around screen time — for more enjoyable meals together and happier, healthier children:

1. Agree a daily routine with your child, so they know when meals and screen time are.
2. Set timers for screen time and be sure to stick to those boundaries.
3. Give them pre-dinner warnings, like "dinner is in 10 minutes", "5 minutes" etc.
4. Build up time away from screens - start with half the meal without and increase gradually.
5. Try to make dinner engaging - make conversation, play games or do a quiz.
6. Allow movement breaks if needed, to keep them engaged with eating without a screen.



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Hounslow



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